

**The Ready Clinician's™**  
**Ambulatory BP Monitoring Training Course**

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**Monday, September 11, 2017**  
 Marriott Rivercenter  
 101 Bowie Street  
 San Antonio, Texas, 78205

7:30-8:30	Registration, Breakfast
8:30-9:15	<u>Why ABPM? Review of the Evidence</u> This session will review the evidence base for ABPM including the rationale behind NICE's and USPSTF's recommendations to use ABPM before making the diagnosis of hypertension.
9:15-9:45	<u>Clinical Uses of ABPM</u> This session will focus on the clinical use of ABPM for identifying white-coat hypertension, but also include masked hypertension, resistant hypertension, labile hypertension, and postural hypotension.
9:45-10:15	Break
10:15-10:45	<u>Implementing ABPM in Clinical Practice</u> Highlights how to implement ABPM in the private practice setting including optimizing patient acceptance/willingness, staff training, and developing a system for evaluation and reporting.
10:45-11:00	<u>Pitfalls and Practical Aspects of ABPM</u> This session will focus on how to obtain good ABPM data.
11:00-11:30	<u>Devices and Protocols</u> This session will focus on how to choose a monitor, selecting a protocol for the conduct of ABPM, validity criteria for ABPM, need for calibration, and editing procedures.
11:30-12:00	<u>ABPM Fittings of Attendees</u> Attendees will either put a monitor on or wear a monitor. Multiple devices will be used.
12:00-1:00	Lunch
1:00-1:30	<u>Billing and Reimbursement Issues</u> Session will present advice on coding, billing, and reimbursement for ABPM.
1:30-3:00	<u>Hands-on Session</u> Session will provide overview of how to download ABPM data, review and interpret ABPM data and generate reports from each type of ABPM device. Chance to interact with multiple devices/software.
3:00-3:30	Break
3:30-4:30	<u>Case Reviews and Q&amp;A</u> Practical review of actual ABPM data, how to interpret the ABPM report, possible clinical actions based on ABPM data and hypothetical patient history.